



In-Person Speed Mentoring Session [60 min] - Thursday 30th November, 12-13:00, Ballrooms 1 + 2

First 5 min – everyone finds a place to sit; per numbered table: up to 3 mentors and 3 mentees; general introduction.

50 min – speed networking: ~ 5 min per mentor; have some questions ready (see suggestions below); when the bell rings, all mentees stand up and move to the next table (i.e., one number up).

Last 5 min – wrap up

Introduction

This will be a 1:1 mentoring session.

Use your time wisely, meaning think about what you could ask the mentor, i.e., prepare a few questions beforehand.

If you need a break, please feel free to go to our retreating area.

Mentoring session

Both, mentor and mentee, introduce themselves, if not known to each other (at least name and node).

Mentee: ask your first question and enjoy! There is no right or wrong.

Mentor: please keep in mind that it might be a bit awkward or uncomfortable for the mentee for the first few rounds.

Wrap up

If you resonated with one of the mentors, you could connect over Mentorloop or stay connected otherwise.

You could use the lunchtime to pick up on interrupted conversations or mingle with those mentors you have not met.

Some example questions:

Why did you decide to go into this field?

How did you move into the X role and what were some challenges you faced in the X position?

What skills have been most beneficial for you?

How do you achieve work/life balance?

Do you have any networking advice?

Did you get impostor syndrome? How did you learn to get over it?